





Slovak Swimming Federation has the pleasure to invite your teams to V4 Olympic hopes Meeting 2017

Teams: Slovak Swimming Federation, Czech Swimming Federation, Hungarian Swimming Asso-

ciation, Polish Swimming Federation

Location: Junácka 4, 831 04 Bratislava, Slovakia

Swimming pool: indoor 50m pool, 8 lanes. SwissTiming Quantum Aquatics will be used with backstroke

ledges available

Rules: the competition will be conducted under FINA & SSF rules. The SSF Technical rules

should apply

Competition times: 1st session, May 13th, 2017 starts at 10:00

2nd session, May 13th, 2017 starts at 17:00

3rd session, May 14th, 2017 starts at 10:00

Warm up: starts 1 hour before the start of both sessions

Training: pool will be available for teams on Friday May 12th, 2017 between 17:30-19:00

there will be two lanes available for each team for training

Age group: boys born 2001 + 2002 (15 and 16 years old)

girls born 2002 + 2003 (14 and 15 years old)

Entries: closing date for entries is May 3rd, 2017. Use attached LENEX file. In entries use only

times from 50m pools. In individual events only 2 swimmers per country and per event

may be submitted. In relay events only 1 team per country may be submitted

Entry fee: no entry fee

Late entries: late entries may be allowed at the team leaders meeting. The late entries may be

seeded as out of competition entries













General & Technical rules

Accommodation: team accommodation will be in Hotel Nivy***. The hotel offers nice rooms, very good

restaurant and wellnes centrum.

Point system: individual events:

1st (9pts), 2nd (7pts), 3rd (6pts), 4th (5pts), 5th (4pts), 6th (3pts), 7th (2pts), 8th (1pts)

relays:

1st (16pts), 2nd (12pts), 3rd (8pts), 4th (4pts)

Competition system: in each discipline participate two swimmers per country, one must younger and one

older. In boys events 15 and 16 years old, in girls events 14 and 15 years old. The same

situation should apply in relays - 2 older and 2 younger swimmers

Awards: swimmers in 1st, 2nd and 3rd place in each event will recieve medals. The best team

will be awarded Cup

Information: for more information before the competition contact Miroslav Nowak at

sport@swimmsvk.sk or 00421 903 717 236

Local OC: local contact during competition is Ms. Bianca Stanková. You may contact her at

office@swimmsvk.sk or 00421 905 595 415

Contact: Slovenská plavecká federácia

Za kasárňou 1, 831 03 Bratislava, Slovakia

office@swimmsvk.sk













Entry procedure & deadlines

Entry file: entry has to be send in lenex entry format to **office@swimmsvk.sk** no later than

May 3rd, 2017

Accommodation: please send us your request for accommodation no later than April 4th, 2017. Your

request send to office@swimmsvk.sk

Rooming list: please send us the rooming list no later than May 3rd, 2017. The rooming list send to

office@swimmsvk.sk

Travel itineraty: please send us your travel itinerary no later than May 3rd, 2017

Team Leaders mee- Friday May 12th, 2017 at 21:00 in Hotel Nivy***

ting:













Accommodation

Slovak Swimming Federation offers to participants of V4 Olympic Hopes Competition accommodation in Hotel Nivy*** with full board. This hotel is located in close vicinity of the competition venue in quiet housing development. It offers 250 rooms, restaurant and swimming pool.

Slovak Swimming Federation will cover accommodation of each team for the period from Friday May 12th, 2017 (dinner) to Sunday May 14th, 2017 (lunch or meal to go) for up to 30 people.

Management of this 3* hotel works closely with Slovak Swimming Federation so we are able to offer the best prices for accommodation if any extra rooms are needed.





















Competition schedule

	1st session – Saturday May 13th, 2017 Warm-up 09:00 – 09:55 / 1st start 10:00				
1.	50m freestyle	boys			
2.	50m freestyle	girls			
3.	200m buttefly	boys			
4.	200m butterfly	girls			
5.	100m backstroke	boys			
6.	100m backstroke	girls			
7.	1500m freestyle	boys			
8.	400m freestyle	girls			
9.	100m breastroke	boys			
10.	100m breastroke	girls			
11.	200m individual medley	boys			
12.	200m individual medley	girls			
13.	4x100m freestyle relay	boys			
14.	4x200m freestyle relay	girls			

	2nd session – Saturday May 13th, 2017				
	Warm-up 16:00 – 16:55 / 1st start 17:00				
15.	200m freestyle	boys			
16.	200m freestyle	girls			
17.	50m breastroke	boys			
18.	50m breastroke	girls			
19.	200m backstroke	boys			
20.	200m backstroke	girls			
21.	50m butterfly	boys			
22.	50m butterfly	girls			
23.	400m individual medley	boys			
24.	400m individual medley	girls			
25.	4x200m freestyle relay	boys			
26.	4x100m freestly relay	girls			

	3rd session – Sunday May 14th, 2017				
	Warm-up 09:00 - 09:55 / 1st start 10:00				
27.	100m freestyle	boys			
28.	100m freestyle	girls			
29.	50m backstroke	boys			
30.	50m backstroke	girls			
31.	200m breastroke	boys			
32.	200m breastroke	girls			
33.	100m butterfly	boys			
34.	100m butterfly	girls			
35.	400m freestyle	boys			
36.	800m freestyle	girls			
37.	4x100m medley relay	boys			
38.	4x100m medley relay	girls			













Rooming list

Return this form by email to office@swimmsvk.sk no later than May 3rd, 2017

TEAM:		Name of the team leader:			
Team leader contact (email, cell phone):					
Room type*	1st person	2nd person	Comment		









^{*} single or double





Travel form

Return this form by email to office@swimmsvk.sk no later than May 3rd, 2017

TEAM:	Name of the team leader:	
Team leader contact (email, cell phone):		
Arrival:	Departure:	
Travel by (car, bus, train, plane):		

In case that your team needs any travel advice, please contact office@swimmsvk.sk as soon as possible.







